**All Practices will be at SBHS**

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | August 13  5:00-7:00 pm  -Registration & meet the coaches  -Equipment handout | August 14 |
| August 15 | August 16  (Turf)  3:00-5:30  6:00-7:00  equipment handout | August 17  (Turf)  3:00-5:30  6:00-7:00  Meeting | August 18  (Turf)  800-1000  3:00-500 | August 19  (Turf)  3:30-530 | August 20  (Turf)  3:30-5:30 | August 21  (Grass)  -900-1100 am  Blue/White  scrimmage |
| August 22  OFF | August 23  (Grass)  4:00-6:30 | August 24  (Grass)  4:00-6:30 | August 25  (Grass)  4:00-6:30 | August 26  (Grass)  400-430  (Turf)  4:30-630 | August 27  (At Essex)  5:00 PM-7:00  Scrimmage vs Essex & U32 | August 28  OFF |
| August 29  OFF | August 30  (Grass)  4:00-6:30 | August 31  (Grass)  4:00-6:30 | September 1  (Grass)  4:00-630 | September 2  (Grass)  4:00-6:30 | September 3  (Grass)  4:00-6:30 | September 4  Game vs CVU |
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