SeaWolves Varsity and JV Preseason Schedule- 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 13 Meet the Coaches & Equipment Handout @ 6:00 WT. Room For Parents and Players	**August 14** 3:00-4:00 Meet Auditorium @ SB 4:15-6:30-Turf	**August 15** 3:00-4:00 Meet classroom 4:15-6:30-Turf	**August 16** 3:00-4:00 Meet classroom 4:15-6:30-Turf	**August 17** Varsity Leave for Vermont Academy @ 11:00am <u>JV practice @ SB</u> 4:15-6:15- Grass	**August 18** Varsity @ VA <u>JV practice@ SB</u> 4:15-6:15-Grass	**August 19** Varsity @ VA <u>No JV Practice</u>
August 20 No practice	**August 21** 3:00-4:00 Meet Auditorium @SB 4:15-6:30-Grass	**August 22** 3:00-4:00 Meet Auditorium @SB 4:15-5:30- Turf 5:30-6:30- Grass	**August 23** No Meetings 4:15-5:30-Turf 5:30-6:30-Grass	**August 24** No Meetings 4:15-6:30-Grass	**August 25** Scrimmage @ Essex with U32 5-8 pm Both JV & Varsity	August 26 No Practice